



北京大学深圳医院
PEKING UNIVERSITY SHENZHEN HOSPITAL

International & VIP Health Center

Health Check-up Service



2026-01-Edition

VIP SERVICE INSTRUCTIONS

The International & VIP Health Center is a complete and comprehensive health care center in terms of scale and features, with priority medical service, health check-up and health management program, a designated medical service provider for VIP patients and patients from Hong Kong, Macao, Taiwan, and international patients from over 70 countries. The center is facilitated with the expert consulting area, examination area, VIP health check-up area, medical treatment area and health education area, committed to providing high-quality health care service for each individual.

1. Pre-Check Exclusive Services for VIPs:

Personalized guidance on health check-up items and consultation services, with customized Detailed check-up packages by senior experts.

2. Post-Check Exclusive Services for VIPs (Based on the Package):

1) One-on-one, face-to-face professional report Interpretation (in-person or remote).

2) Data integration, dynamic analysis, and health assessment of group check-up results, provided by Expert Medical Teams, including "on-site report Interpretation" and "health education lectures."

3. Remote report Interpretation offering personalized preventive treatment plans.

On-site and remote multidisciplinary consultation services for complex cases.

4. We offer a priority medical pathway with comprehensive in-hospital consultations and international referral services, we are delighted to safeguarding your health. (International & VIP Health Center Only)



Scan the QR code and subscribe.

Health Check-up

Package	Price	Recommended for
A Male	3387.70	Under 40 Yrs.
A Female	3633.20	Under 40 Yrs.
B Male	5172.24	Over 40 Yrs.
B Female	5417.74	Over 40 Yrs.
C Male	6984.14	Over 50 Yrs.
C Female	7229.64	Over 50 Yrs.
D Male	8080.06	elite and VIP clients
D Female	9095.96	elite and VIP clients
E Male	14738.14	elite and VIP clients
E Female	15754.04	elite and VIP clients
Afternoon Package Male	5475.80	For those with night shifts, jet lag, or frequent late nights.
Afternoon Package Female	5721.30	For those needing an afternoon slot due to work or lifestyle.

Disease-Specific Packages

Category	Description and Suitable Individuals	Price (¥)
Basic Package	Basic health checkup items. Covers essential screening in addition to disease-specific examinations.	Male: ¥1,239.40 Female: ¥ 1,489.40
Hypertension Package	Assessment of hypertension causes and complications. Suitable For: Individuals with hypertension or suspected high blood pressure.	¥1876.20

Hyperglycemia Package	Assessment of diabetes etiology, pancreatic islet function, and related complications. Target population: Individuals with abnormal glucose metabolism or suspected diabetes.	¥1220.10
Cardiovascular Package	Functional and imaging assessment of the heart and brain. Suitable For: Individuals with hypertension, hyperglycemia, hyperlipidemia, obesity, or a family history of cardiovascular or cerebrovascular diseases.	¥4169.00
Weight Management Package	Comprehensive evaluation of the causes and complications of overweight or obesity. Target population: Overweight or obese individuals.	Male: ¥ 4,325.00 Female: ¥4,645.00
Perimenopausal Package	Hormonal and imaging assessment related to the perimenopausal period. Target population: Perimenopausal women.	¥3080.80
Chronic Fatigue Sub-Health Package	Comprehensive assessment of hormones, vitamins, psychological state, and gut microbiome. Suitable For: Individuals in sub-health, under high stress, or with a sedentary lifestyle, etc.	¥3194.70

Additional Packages

Gynecological Check-up

Price: ¥ 795.00

Content: Gynecological examination, Vaginal discharge routine test, Cervical liquid-based cytology test (TCT), Reproductive tract tNGS (including HPV)

Stress Package

Price: ¥1,067.10

Content: Stress-related tests (5 items), Psychological health assessment, High-throughput gut

microbiota sequencing,Transcranial Doppler ultrasound (TCD)

Lung Nodule Monitoring

Price: ¥1,006.00

Content: Low-dose chest CT or high-resolution chest CT, Lung methylation gene testing, Neuron-specific enolase (NSE), Squamous cell carcinoma antigen (SCCA),Pro-gastrin-releasing peptide (ProGRP), Cytokeratin 19 fragment (CYFRA21-1)

Liver Disease Screening Package

Price: ¥1,501.60

Content:Hepatitis B panel (HBsAg, HBsAb, HBeAg, HBeAb, HBcAb),Hepatitis B virus DNA (HBV DNA),Liver fibrosis panel (4 items),Hepatitis A antibody,Hepatitis C antibody,Hepatitis E antibody (2 items),Seven microRNA panel for hepatocellular carcinoma (HCC),Abnormal prothrombin: PIVKA-II / DCP

Reproductive Health Package

Price:

Male: ¥500.00

Female: ¥716.80

Content: Male: Reproductive tract tNGS,

Female: Reproductive tract tNGS + TORCH IgM (5 items)

Sports Rehabilitation Evaluation

1.Musculoskeletal Assessment Package

Price: ¥ 398.00

2.Cardiopulmonary Function Assessment Package

Price: ¥ 498.00

Genetic Testing

Category	Description and Suitable Individuals	Price (¥)
Alcohol Metabolism Gene Test	Assesses how efficiently your body metabolizes alcohol and helps evaluate individual alcohol tolerance and related health risks.	¥ 500.00
Lung Cancer Methylation Gene Test	Detects gene methylation changes associated with lung cancer and can help identify potential risks at an early stage. It is recommended for people who: - Smoke or have smoked. - Are exposed to secondhand smoke, radon, or occupational hazards. - Have a personal or family history of cancer. - Have chronic lung diseases (such as COPD or pulmonary fibrosis). - Experience symptoms related to lung health	¥ 520.00
Gastric (Stomach) Cancer Methylation Gene Test	Screens for gene methylation markers linked to gastric cancer and helps provide early risk alerts. It is recommended for people who: - Are over 40 years old. - Smoke or drink alcohol regularly. - Have irregular eating or sleeping habits - Prefer salty, pickled, smoked, or fried foods. - Have a family history of stomach cancer. - Are infected with <i>Helicobacter pylori</i>	¥ 520.00
Liver Cancer Methylation Gene Test	Detects gene methylation changes associated with primary liver cancer. It helps identify potential risks early and supports early diagnosis, especially for individuals with chronic liver	¥ 520.00

	conditions.	
Non-invasive Colorectal Cancer Gene Test	Checks specific gene methylation markers related to colorectal cancer. It helps assess the risk of colorectal cancer and supports early detection without the need for invasive procedures.	¥ 520.00
Hereditary Cancer Susceptibility Gene Testing	Purpose: Provides a comprehensive evaluation of genes associated with hereditary cancers. It is used to support the diagnosis of inherited cancers and to assess cancer risk in individuals who carry related gene mutations. Who it's for: People with a family history of cancer or a strong hereditary predisposition.	¥ 8000.00
Breast and Ovarian Cancer Susceptibility Gene Test	Evaluates genes associated with inherited breast and ovarian cancer. It helps assess cancer risk in individuals carrying genetic mutations and provides guidance for targeted medication and treatment planning.	¥ 4000.00
Gastrointestinal Cancer Susceptibility Gene Test	Screens for genetic mutations related to inherited gastrointestinal cancers. It helps assess cancer risk in mutation carriers and supports early prevention and long-term health management.	¥ 3,750.00
Pharmacogenomic Testing for Medication Safety	Evaluates how your body responds to different medications, helping guide drug selection and dosage adjustment to improve safety and effectiveness through personalized treatment.	¥ 1500.00
Pharmacogenomic Testing for Personalized Hypertension Treatment	This test assesses individual responses and potential side effects of antihypertensive medications, supporting precise and personalized treatment plans for patients with high blood pressure.	¥ 1500.00

Pharmacogenomic Testing for “Three Highs” (Hypertension, Hyperglycemia & Hyperlipidemia)	This test helps guide medication selection and dosage for patients with high blood pressure, high blood sugar, and high cholesterol. It aims to improve treatment effectiveness while reducing the risk of adverse drug reactions.	¥ 1200.00
APOE Genotyping Test	This test analyzes the APOE and SLCO1B1 genes to assess the risk of cognitive decline and Alzheimer’s disease. It also helps guide the selection and dosage of statin medications.	¥ 600.00

Mental Health Assessment Packages (Available Online)

Youth Package	¥50.00
Adult Package	¥50.00
Senior Package	¥50.00

Contact Information

Check-up Times:

Mon-Fri: 8:00 AM – 12:00 PM (excluding public holidays)

Sat: 8:00 AM – 11:00 AM (closed for individual check-ups during group check-ups)

Afternoon Package: Tue-Fri, 2:00 PM – 4:00 PM (excluding public holidays)

Contact: 0755-83068907, 83923333-8615 Email: sz83923333@163.com

Address: Peking University Shenzhen Hospital, 6th Floor, Outpatient Building, 1120 Lianhua Rd, Futian District, Shenzhen

WeChat: Peking University Shenzhen Hospital International & VIP Health Center

Official Website: www.pkuszh.com

Note: Check-up reports are for wellness purposes only and not for official certification. Prices

may change based on equipment adjustments and the Shenzhen Municipal Pricing Bureau; final prices are determined by the hospital's finance department.

Warm reminder: Pregnant, breastfeeding, and those planning to conceive within 3 months should avoid DR, CT, C-13, and bone density examinations.

Package A (Male): for men under 40 Yrs.

Price: ¥3387.70

Examinations Include:

General check-up: internal medicine, surgery, ophthalmology, slit lamp, eye pressure, ENT, Stomatology, ECG, C-13 Breath Test, DR Chest X-ray, DR Cervical Spine Lateral X-ray, Bone Density Test, Body Fat Distribution, Non-invasive Arteriolosclerosis Test, Ultrasound: Liver, Gallbladder, Spleen, and Pancreas, Kidney, Bladder, Ureter, Prostate, Thyroid Gland, Urinalysis.

Blood Tests:

Complete Blood Count (CBC), Erythrocyte Sedimentation Rate (ESR), Liver Function Panel (12 items), Kidney Function Panel (6 items), Lipid Profile, Glycated Hemoglobin (HbA1c), Insulin, EBV Rta-IgG Test, Thyroid Function Panel (6 items), Vitamins ADEK (5 items), Adiponectin, Cardiac Troponin T

Tumor Markers:

Alpha-Fetoprotein (AFP), Carcinoembryonic Antigen (CEA), Carbohydrate Antigen CA199, Carbohydrate Antigen CA125, Carbohydrate Antigen CA153, Prostate-Specific Antigen (PSA), Free Prostate-Specific Antigen (FPSA), PSA/FPSA Ratio

VIP Health Consultation:

After the report is issued, an expert will provide one-on-one report Interpretation and personalized health advice.

Package A (Female): for women under 40 Yrs.

Price: ¥3633.20

Examinations Include:

General check-up: internal medicine, surgery, ophthalmology, slit lamp, eye pressure, ENT, Stomatology, ECG, C-13 Breath Test, DR Chest X-ray, DR Cervical Spine Lateral X-ray, Bone Density Test, Body Fat Distribution, Non-invasive Arteriosclerosis Test, Ultrasound: Liver, Gallbladder, Spleen, and Pancreas, Kidney, Bladder, Ureter, Uterus and Adnexa, Breast, Thyroid Gland, Urinalysis.

Blood Tests:

Complete Blood Count (CBC), Erythrocyte Sedimentation Rate (ESR), Liver Function Panel (12 items), Kidney Function Panel (6 items), Lipid Profile, Glycated Hemoglobin (HbA1c), Insulin, EBV Rta-IgG Test, Thyroid Function Panel (6 items), Vitamins ADEK (5 items), Adiponectin, Cardiac Troponin T

Tumor Markers:

Alpha-Fetoprotein (AFP), Carcinoembryonic Antigen (CEA), Carbohydrate Antigen CA199, Carbohydrate Antigen CA125, Carbohydrate Antigen CA153, Human Epididymal Protein 4 (HE4)

VIP Health Consultation:

After the report is issued, an expert will provide one-on-one report Interpretation and personalized health advice.

Package B (Male): for men over 40 Yrs.

Price: ¥5172.24

Examinations Include:

General check-up: internal medicine, surgery, ophthalmology, slit lamp, eye pressure, ENT, Stomatology, ECG, C-13 Breath Test, DR Chest X-ray, DR Cervical Spine Lateral X-ray, Bone Density Test, Body Fat Distribution, Non-invasive Arteriosclerosis Test, Ultrasound: Liver,

Gallbladder, Spleen, and Pancreas, Kidney, Bladder, Ureter, Prostate, Thyroid Gland, Urinalysis, Random Urine Test (3 items), Non-invasive Colorectal Cancer Gene Test

Blood Tests:

Complete Blood Count (CBC), Erythrocyte Sedimentation Rate (ESR), Liver Function Panel (12 items), Kidney Function Panel (6 items), Lipid Profile, Glycated Hemoglobin (HbA1c), Electrolytes Panel (6 items), Rheumatoid Panel (3 items), Insulin, EBV Rta-IgG Test, Thyroid Function Panel (6 items), Vitamins ADEK (5 items), Adiponectin, Cardiac Troponin T, B-type natriuretic peptide (BNP), Human Plasma Lipoprotein-Associated Phospholipase A2 (Lp-PLA2), Coagulation Panel (4 items), ENA Polypeptide Antibody Profile, Antinuclear Antibody (ANA), Bone Markers Panel (3 items)

Tumor Markers:

Alpha-Fetoprotein (AFP), Carcinoembryonic Antigen (CEA), Carbohydrate Antigen CA199, Carbohydrate Antigen CA125, Carbohydrate Antigen CA153, Prostate-Specific Antigen (PSA), Free Prostate-Specific Antigen (FPSA), PSA/FPSA Ratio, Serum Thymidine Kinase 1 (TK1)

VIP Health Consultation:

After the report is issued, an expert will provide one-on-one report Interpretation and personalized health advice.

Package B (Female): for women over 40 Yrs.

Price: ¥5417.74

Examinations Include:

General check-up: internal medicine, surgery, ophthalmology, slit lamp, eye pressure, ENT, Stomatology, ECG, C-13 Breath Test, DR Chest X-ray, DR Cervical Spine Lateral X-ray, Bone Density Test, Body Fat Distribution, Non-invasive Arteriosclerosis Test, Ultrasound: Liver, Gallbladder, Spleen, and Pancreas, Kidney, Bladder, Ureter, Uterus and Adnexa, Breast, Thyroid, Urinalysis, Random Urine Test (3 items), Non-invasive Colorectal Cancer Gene Test

Blood Tests:

Complete Blood Count (CBC), Erythrocyte Sedimentation Rate (ESR), Liver Function Panel (12 items), Kidney Function Panel (6 items), Lipid Profile, Glycated Hemoglobin (HbA1c), Electrolytes Panel (6 items), Rheumatoid Panel (3 items), Insulin, EBV Rta-IgG Test, Thyroid Function Panel (6 items), Vitamins ADEK (5 items), Adiponectin, Cardiac Troponin T, B-type natriuretic peptide (BNP), Human Plasma Lipoprotein-Associated Phospholipase A2 (Lp-PLA2), Coagulation Panel (4 items), ENA Polypeptide Antibody Profile, Antinuclear Antibody (ANA), Bone Markers Panel (3 items)

Tumor Markers:

Alpha-Fetoprotein (AFP), Carcinoembryonic Antigen (CEA), Carbohydrate Antigen CA199, Carbohydrate Antigen CA125, Carbohydrate Antigen CA153, Serum Thymidine Kinase 1 (TK1)

VIP Health Consultation:

After the report is issued, an expert will provide one-on-one report Interpretation and personalized health advice.

Package C (Male): for men over 50 Yrs.

Price: ¥6984.14

Examinations Include:

General check-up: internal medicine, surgery, ophthalmology, slit lamp, eye pressure, ENT, Stomatology, ECG, C-13 Breath Test, Low-Dose Chest CT, DR Cervical Spine Lateral X-ray, Bone Density Test, Body Fat Distribution, Non-invasive Arteriosclerosis Test, Ultrasound: Liver, Gallbladder, Spleen, and Pancreas, Kidney, Bladder, Ureter, Prostate, Thyroid Gland, Carotid Artery, Urinalysis, Random Urine Test (3 items), Non-invasive Colorectal Cancer Gene Test

Blood Tests:

Complete Blood Count (CBC), Erythrocyte Sedimentation Rate (ESR), Liver Function Panel (12 items), Kidney Function Panel (6 items), Lipid Profile, Glycated Hemoglobin (HbA1c), Electrolytes Panel (6 items), Rheumatoid Panel (3 items), Insulin, EBV Rta-IgG Test, Thyroid

Function Panel (6 items), Cardiac Troponin T, B-type Natriuretic Peptide (NT-BNP), Human Plasma Lipoprotein-Associated Phospholipase A2 (Lp-PLA2), Coagulation Panel (4 items), Homocysteine, , Ferritin, Serum Gastric Function Test (Pepsinogen, Gastrin-17), Immune Function Panel (6 items), ENA Polypeptide Antibody Profile, Antinuclear Antibody (ANA), Bone Markers Panel (3 items), Vitamins ADEK (5 items), Vitamin B Complex Panel (8 items), Adiponectin

Tumor Markers:

Alpha-Fetoprotein (AFP), Carcinoembryonic Antigen (CEA), Carbohydrate Antigen CA199, Carbohydrate Antigen CA125, Carbohydrate Antigen CA153, Prostate-Specific Antigen (PSA), Free Prostate-Specific Antigen (FPSA), PSA/FPSA Ratio, Serum Thymidine Kinase 1 (TK1), Carbohydrate Antigen CA50, Carbohydrate Antigen CA242, Carbohydrate Antigen CA724, Neuron-Specific Enolase (NSE), Squamous Cell Carcinoma Antigen (SCCA), Gastrin-Releasing Peptide Precursor (ProGRP), Cytokeratin 19 Fragment (CYFRA21-1), Multiple Myeloma Tests (Serum Protein Electrophoresis, Serum Immunofixation Electrophoresis)

VIP Health Consultation: One-on-one report Interpretation and personalized health advice provided by the expert.

Package C (Female): for women over 50 Yrs.

Price: ¥7229.64

Examinations Include:

General check-up: internal medicine, surgery, ophthalmology, slit lamp, eye pressure, ENT, Stomatology, ECG, C-13 Breath Test, Low-Dose Chest CT, DR Cervical Spine Lateral X-ray, Bone Density Test, Body Fat Distribution, Non-invasive Arteriosclerosis Test, Ultrasound: Liver, Gallbladder, Spleen, and Pancreas, Kidney, Bladder, Ureter, Uterus and Adnexa, Breast, Thyroid Gland, Carotid Artery, Urinalysis, Random Urine Test (3 items), Non-invasive Colorectal Cancer Gene Test

Blood Tests:

Complete Blood Count (CBC), Erythrocyte Sedimentation Rate (ESR), Liver Function Panel (12 items), Kidney Function Panel (6 items), Lipid Profile, Glycated Hemoglobin (HbA1c),

Electrolytes Panel (6 items), Rheumatoid Panel (3 items), Insulin, EBV Rta-IgG Test, Thyroid Function Panel (6 items), Cardiac Troponin T, B-type Natriuretic Peptide (NT-BNP), Human Plasma Lipoprotein-Associated Phospholipase A2 (Lp-PLA2), Coagulation Panel (4 items), Homocysteine, Ferritin, Serum Gastric Function Test (Pepsinogen, Gastrin-17), Immune Function Panel (6 items), ENA Polypeptide Antibody Profile, Antinuclear Antibody (ANA), Bone Markers Panel (3 items), Vitamins ADEK (5 items), Vitamin B Complex Panel (8 items), Adiponectin

Tumor Markers:

Alpha-Fetoprotein (AFP), Carcinoembryonic Antigen (CEA), Carbohydrate Antigen CA199, Carbohydrate Antigen CA125, Carbohydrate Antigen CA153, Human Epididymis Protein 4 (HE4), Serum Thymidine Kinase 1 (TK1), Carbohydrate Antigen CA50, Carbohydrate Antigen CA242, Carbohydrate Antigen CA724, Neuron-Specific Enolase (NSE), Squamous Cell Carcinoma Antigen (SCCA), Gastrin-Releasing Peptide Precursor (ProGRP), Cytokeratin 19 Fragment (CYFRA21-1), Multiple Myeloma Tests (Serum Protein Electrophoresis, Serum Immunofixation Electrophoresis)

VIP Health Consultation:

One-on-one report Interpretation and personalized health advice provided by the expert.

Package D(Male): for elite and VIP clients

Price: ¥8080.06

Examinations Include:

General check-up: internal medicine, surgery, ophthalmology, slit lamp, eye pressure, ENT, Stomatology, ECG, C-13 Breath Test, Low-Dose Chest CT, DR Cervical Spine Lateral X-ray, DR Lumbar Spine AP and Lateral X-ray, Bone Density Test, Body Fat Distribution, Non-invasive Arteriosclerosis Test, Diabetes Risk Screening, Transcranial Doppler (TCD), Ultrasound: Liver, Gallbladder, Spleen, and Pancreas, Kidney, Bladder, Ureter, Prostate, Thyroid, Carotid Artery, 3D Cardiac Ultrasound, Urinalysis, Random Urine Test (3 items), Non-invasive Colorectal Cancer Gene Test

Blood Tests:

Complete Blood Count (CBC), Erythrocyte Sedimentation Rate (ESR), Liver Function Panel (12 items), Kidney Function Panel (6 items), Lipid Profile, Glycated Hemoglobin (HbA1c), Electrolytes Panel (6 items), Rheumatoid Panel (3 items), Insulin, C-Peptide, EBV Rta-IgG Test, Thyroid Function Panel (6 items), Cardiac Troponin T, B-type Natriuretic Peptide (NT-BNP), Human Plasma Lipoprotein-Associated Phospholipase A2 (Lp-PLA2), Coagulation Panel (4 items), Homocysteine, Ferritin, Serum Gastric Function Test (Pepsinogen, Gastrin-17), Immune Function Panel (6 items), ENA Polypeptide Antibody Profile, Antinuclear Antibody (ANA), Bone Markers Panel (3 items), Vitamins ADEK (5 items), Vitamin B Complex Panel (8 items), Adiponectin, Food Intolerance Test (14 items)

Tumor Markers:

Alpha-Fetoprotein (AFP), Carcinoembryonic Antigen (CEA), Carbohydrate Antigen CA199, Carbohydrate Antigen CA125, Carbohydrate Antigen CA153, Prostate-Specific Antigen (PSA), Free Prostate-Specific Antigen (FPSA), PSA/FPSA Ratio, Serum Thymidine Kinase 1 (TK1), Carbohydrate Antigen CA50, Carbohydrate Antigen CA242, Carbohydrate Antigen CA724, Neuron-Specific Enolase (NSE), Squamous Cell Carcinoma Antigen (SCCA), Gastrin-Releasing Peptide Precursor (ProGRP), Cytokeratin 19 Fragment (CYFRA21-1), Multiple Myeloma Tests (Serum Protein Electrophoresis, Serum Immunofixation Electrophoresis)

VIP Health Consultation: One-on-one report Interpretation and personalized health advice provided by the expert.

Package D(Female): for elite and VIP clients

Price: ¥9095.96

Examinations Include:

General check-up: internal medicine, surgery, ophthalmology, slit lamp, eye pressure, ENT, Stomatology, ECG, C-13 Breath Test, Low-Dose Chest CT, DR Cervical Spine Lateral X-ray, DR Lumbar Spine AP and Lateral X-ray, Bone Density Test, Body Fat Distribution, Non-invasive Arteriosclerosis Test, Diabetes Risk Screening, Transcranial Doppler (TCD), Mammography, Ultrasound: Liver, Gallbladder, Spleen, and Pancreas, Kidney, Bladder, Ureter, Uterus and Adnexa, Breast, Thyroid Gland, Carotid Artery, 3D Cardiac Ultrasound,

Urinalysis, Random Urine Test (3 items), Non-invasive Colorectal Cancer Gene Test

Blood Tests:

Complete Blood Count (CBC), Erythrocyte Sedimentation Rate (ESR), Liver Function Panel (12 items), Kidney Function Panel (6 items), Lipid Profile, Glycated Hemoglobin (HbA1c), Electrolytes Panel (6 items), Rheumatoid Panel (3 items), Insulin, C-Peptide, EBV Rta-IgG Test, Thyroid Function Panel (6 items), Cardiac Troponin T, B-type Natriuretic Peptide (NT-BNP), Human Plasma Lipoprotein-Associated Phospholipase A2 (Lp-PLA2), Coagulation Panel (4 items), Homocysteine, Ferritin, Serum Gastric Function Test (Pepsinogen, Gastrin-17), Immune Function Panel (6 items), ENA Polypeptide Antibody Profile, Antinuclear Antibody (ANA), Bone Markers Panel (3 items), Vitamins ADEK (5 items), Vitamin B Complex Panel (8 items), Adiponectin, Food Intolerance Test (14 items), Sex Hormones Panel (6 items), Anti-Müllerian Hormone (AMH)

Tumor Markers:

Alpha-Fetoprotein (AFP), Carcinoembryonic Antigen (CEA), Carbohydrate Antigen CA199, Carbohydrate Antigen CA125, Carbohydrate Antigen CA153, Human Epididymis Protein 4 (HE4), Serum Thymidine Kinase 1 (TK1), Carbohydrate Antigen CA50, Carbohydrate Antigen CA242, Carbohydrate Antigen CA724, Neuron-Specific Enolase (NSE), Squamous Cell Carcinoma Antigen (SCCA), Gastrin-Releasing Peptide Precursor (ProGRP), Cytokeratin 19 Fragment (CYFRA21-1), Multiple Myeloma Tests (Serum Protein Electrophoresis, Serum Immunofixation Electrophoresis)

VIP Health Consultation: One-on-one report Interpretation and personalized health advice provided by the expert.

Package E(Male): for elite and VIP clients

Price: ¥14738.14

Examinations Include:

General check-up: internal medicine, surgery, ophthalmology, slit lamp, eye pressure, ENT, Stomatology, ECG, C-13 Breath Test, Low-Dose Chest CT, Cervical Spine MRI, Lumbar Spine MRI, Brain MRI with MRA (Magnetic Resonance Angiography), Bone Density Test, Body Fat Distribution, Non-invasive Arteriosclerosis Test, Diabetes Risk Screening, Ultrasound: Liver, Gallbladder, Spleen, and Pancreas, Kidney, Bladder, Ureter, Prostate, Thyroid Gland, Carotid Artery, 3D Cardiac Ultrasound, Urinalysis, Random Urine Test (3 items), Non-invasive Colorectal Cancer Gene Test

Blood Tests:

Complete Blood Count (CBC), Erythrocyte Sedimentation Rate (ESR), Liver Function Panel (12 items), Kidney Function Panel (6 items), Lipid Profile, Glycated Hemoglobin (HbA1c), Electrolytes Panel (6 items), Rheumatoid Panel (3 items), Insulin, C-Peptide, EBV Rta-IgG Test, Thyroid Function Panel (6 items), Cardiac Troponin T, B-type Natriuretic Peptide (NT-BNP), Human Plasma Lipoprotein-Associated Phospholipase A2 (Lp-PLA2), Coagulation Panel (4 items), Homocysteine, Ferritin, Serum Gastric Function Test (Pepsinogen, Gastrin-17), Immune Function Panel (6 items), ENA Polypeptide Antibody Profile, Antinuclear Antibody (ANA), Lymphocyte subsets (T/B/NK), Lymphocyte Subset Analysis (T/B/NK cells), Bone Markers Panel (3 items), Vitamins ADEK (5 items), Vitamin B Complex Panel (8 items), Adiponectin, Food Intolerance Test (90 items)

Tumor Markers:

Alpha-Fetoprotein (AFP), Carcinoembryonic Antigen (CEA), Carbohydrate Antigen CA199, Carbohydrate Antigen CA125, Carbohydrate Antigen CA153, Prostate-Specific Antigen (PSA), Free Prostate-Specific Antigen (FPSA), PSA/FPSA Ratio, Serum Thymidine Kinase 1 (TK1), Carbohydrate Antigen CA50, Carbohydrate Antigen CA242, Carbohydrate Antigen CA724, Neuron-Specific Enolase (NSE), Squamous Cell Carcinoma Antigen (SCCA), Gastrin-Releasing Peptide Precursor (ProGRP), Cytokeratin 19 Fragment (CYFRA21-1), Multiple Myeloma Tests (Serum Protein Electrophoresis, Serum Immunofixation Electrophoresis)

VIP Health Management (One Year):

Includes creating a health record, thorough health assessment, checkup reports

Interpretation, regular follow-up tracking (one year), and a priority medical consultation

pathway.

Package E(Female): for elite and VIP clients

Price: ¥15738.04

Examinations Include:

General check-up: internal medicine, surgery, ophthalmology, slit lamp, eye pressure, ENT, Stomatology, ECG, C-13 Breath Test, Low-Dose Chest CT, Cervical Spine MRI, Lumbar Spine MRI, Brain MRI with MRA (Magnetic Resonance Angiography), Bone Density Test, Body Fat Distribution, Non-invasive Arteriosclerosis Test, Diabetes Risk Screening, Mammography, Ultrasound: Liver, Gallbladder, Spleen, and Pancreas, Kidney, Bladder, Ureter, Uterus and Adnexa, Breast, Thyroid Gland, Carotid Artery, 3D Cardiac Ultrasound, Urinalysis, Random Urine Test (3 items), Non-invasive Colorectal Cancer Gene Test

Blood Tests:

Complete Blood Count (CBC), Erythrocyte Sedimentation Rate (ESR), Liver Function Panel (12 items), Kidney Function Panel (6 items), Lipid Profile, Glycated Hemoglobin (HbA1c), Electrolytes Panel (6 items), Rheumatoid Panel (3 items), Insulin, C-Peptide, EBV Rta-IgG Test, Thyroid Function Panel (6 items), Cardiac Troponin T, B-type Natriuretic Peptide (NT-BNP), Human Plasma Lipoprotein-Associated Phospholipase A2 (Lp-PLA2), Coagulation Panel (4 items), Homocysteine, Ferritin, Serum Gastric Function Test (Pepsinogen, Gastrin-17), Immune Function Panel (6 items), ENA Polypeptide Antibody Profile, Antinuclear Antibody (ANA), Lymphocyte Subset Analysis (T/B/NK cells), Bone Markers Panel (3 items), Vitamins ADEK (5 items), Vitamin B Complex Panel (8 items), Adiponectin, Food Intolerance Test (90 items), Sex Hormones Panel (6 items), Anti-Müllerian Hormone (AMH)

Tumor Markers:

Alpha-Fetoprotein (AFP), Carcinoembryonic Antigen (CEA), Carbohydrate Antigen CA199, Carbohydrate Antigen CA125, Carbohydrate Antigen CA153, Human Epididymis Protein 4 (HE4), Serum Thymidine Kinase 1 (TK1), Carbohydrate Antigen CA50, Carbohydrate Antigen CA242, Carbohydrate Antigen CA724, Neuron-Specific Enolase (NSE), Squamous Cell Carcinoma Antigen (SCCA), Gastrin-Releasing Peptide Precursor (ProGRP), Cytokeratin

19 Fragment (CYFRA21-1), Multiple Myeloma Tests (Serum Protein Electrophoresis, Serum Immunofixation Electrophoresis)Seven microRNA panel for hepatocellular carcinoma (HCC)
VIP Health Management (One Year): Includes creating a health record, thorough health assessment, checkup reports interpretation, regular follow-up tracking (one year), and a priority medical consultation pathway.

Mental Health Assessment Package

Increasing stress and dissatisfaction can lead to long-term depression, affecting both mental and physical health. Understanding and managing your mental health is crucial.

This package uses scientific methods to evaluate your psychological well-being and resilience. It provides an initial screening of your mental state and can help identify issues for further professional evaluation. It is not a diagnostic tool but can aid in detecting potential mental health concerns.

Mental Health Assessment Package	Pricing
Youth Package	¥243
Adult Package	¥198
Senior Package	¥118.5

一、Youth Package ¥243

Item	Purpose	Price
Self-Reported Symptom Checklist	Evaluates potential psychological disorders and their severity.	¥34.50
Pittsburgh Sleep Quality Index	Assesses sleep quality for those with sleep disorders and the general population.	¥39.00

Adolescent Life Events	Measures the frequency and intensity of stress-related life events in adolescents	¥45.00
Parenting Style Evaluation	Assesses parenting attitudes and behaviors to understand their impact on mental health.	¥45.00
Coping Strategies Questionnaire	Evaluates how individuals cope with stress using various strategies. Suitable for those with at least middle school education.	¥45.00
Eysenck Personality Questionnaire	Assesses extroversion/introversion, emotional stability, and psychoticism.	¥34.50

ニ、Adult Package ¥198.00

Item	Purpose	Price
Self-Reported Symptom Checklist	Assesses potential psychological disorders, their types, and severity.	¥34.50
Pittsburgh Sleep Quality Index	Evaluates sleep quality for both those with sleep disorders and the general population.	¥39.00
Eysenck Personality Questionnaire	Measures extroversion/introversion, emotional stability, and psychoticism.	¥34.50
Self-Rating Depression Scale	Evaluates the severity of depressive symptoms and changes during treatment; not for diagnosis.	¥22.50
Coping Strategies Questionnaire	Analyzes how individuals manage stress with various strategies.	¥45.00
Self-Rating Anxiety Scale	Measures the severity of anxiety and its changes during treatment; mainly for assessing treatment efficacy.	¥22.50

三、Senior Package ¥118.50

Item	Purpose	Price
Self-Rating Depression Scale	Evaluates the severity of depressive symptoms and their changes during treatment. Useful for identifying depression but not for diagnosis.	¥22.50
Self-Rating Anxiety Scale	Measures the severity of anxiety and its changes during treatment. Primarily for assessing treatment effectiveness, not for diagnosis.	¥22.50
Pittsburgh Sleep Quality Index	Assesses sleep quality for individuals with sleep disorders and the general population.	¥39.00
Eysenck Personality Questionnaire	Evaluates extroversion/introversion, emotional stability, and psychoticism.	¥34.50

Afternoon Package Male For those with night shifts, jet lag, or frequent late nights.

¥6031.00

Examinations Include:

General check-up: internal medicine, surgery, ophthalmology, slit lamp, eye pressure, ENT, Stomatology, ECG, C-13 Breath Test, Low-Dose Chest CT, DR Chest X-ray, DR Cervical Spine Lateral X-ray, DR Lumbar Spine Lateral X-ray, Bone Density Test, Body Fat Distribution, Non-invasive Arteriosclerosis Test, Ultrasound: Liver, Gallbladder, Spleen, and Pancreas, Kidney, Bladder, Ureter, Prostate, Thyroid, Carotid Artery, Urinalysis, Random Urine Test (3 items), Non-invasive Colorectal Cancer Gene Test

Blood Tests:

Complete Blood Count (CBC), Erythrocyte Sedimentation Rate (ESR), Liver Function Panel (12 items), Kidney Function Panel (6 items), Lipid Profile, Glycated Hemoglobin (HbA1c), Electrolytes Panel (6 items), Rheumatoid Panel (3 items), Insulin, EBV Rta-IgG Test, Thyroid Function Panel (6 items), Human Plasma Lipoprotein-Associated Phospholipase A2 (Lp-PLA2), Troponin T, B-type Natriuretic Peptide (NT-BNP), Antinuclear Antibody (ANA), Bone Markers Panel (3 items), Vitamins ADEK (5 items), Vitamin B Complex Panel (8 items),

Adiponectin

Tumor Markers:

Alpha-Fetoprotein (AFP), Carcinoembryonic Antigen (CEA), Carbohydrate Antigen CA199, Carbohydrate Antigen CA125, Carbohydrate Antigen CA153, Prostate-Specific Antigen (PSA), Free Prostate-Specific Antigen (FPSA), PSA/FPSA Ratio, Serum Thymidine Kinase 1 (TK1),

VIP Health Consultation:

After the report is issued, an expert will provide one-on-one report Interpretation and personalized health advice.

Afternoon Package Female For those needing an afternoon slot due to work or lifestyle.

¥6209.00

Examinations Include:

General check-up: internal medicine, surgery, ophthalmology, slit lamp, eye pressure, ENT, Stomatology, ECG, C-13 Breath Test, Low-Dose Chest CT, DR Chest X-ray, DR Cervical Spine Lateral X-ray, DR Lumbar Spine Lateral X-ray, Bone Density Test, Body Fat Distribution, Non-invasive Arteriolosclerosis Test, Ultrasound: Liver, Gallbladder, Spleen, and Pancreas, Kidney, Bladder, Ureter, Uterus and Adnexa, Breast, Thyroid, Carotid Artery, Urinalysis, Random Urine Test (3 items), Non-invasive Colorectal Cancer Gene Test

Blood Tests:

Complete Blood Count (CBC), Erythrocyte Sedimentation Rate (ESR), Liver Function Panel (12 items), Kidney Function Panel (6 items), Lipid Profile, Glycated Hemoglobin (HbA1c), Electrolytes Panel (6 items), Rheumatoid Panel (3 items), Insulin, EBV Rta-IgG Test, Thyroid Function Panel (6 items), Human Plasma Lipoprotein-Associated Phospholipase A2 (Lp-PLA2), Troponin T, B-type Natriuretic Peptide (NT-BNP), Antinuclear Antibody (ANA), Bone Markers Panel (3 items), Vitamins ADEK (5 items), Vitamin B Complex Panel (8 items), Adiponectin

Tumor Markers:

Alpha-Fetoprotein (AFP), Carcinoembryonic Antigen (CEA), Carbohydrate Antigen CA199, Carbohydrate Antigen CA125, Carbohydrate Antigen CA153, Human Epididymal Protein 4

(HE4), Serum Thymidine Kinase 1 (TK1),

VIP Health Consultation:

After the report is issued, an expert will provide one-on-one report Interpretation and personalized health advice.

Additional Packages

1. Gynecological Check-up (Early Cervical Cancer Screening): ¥640.00

Includes gynecological exam, routine vaginal discharge test, cervical liquid-based cytology (TCT), HPV test.

2. Stress Package: ¥1218.00

Includes 5 stress tests, mental health assessment, high-throughput gut microbiome sequencing, and Transcranial Doppler (TCD).

3. Lung Nodule Monitoring (for initial screening or follow-up):¥1224.00

Includes low-dose chest CT or high-resolution chest CT, lung methylation gene testing, neuron-specific enolase (NSE), SCCA, ProGRP, and CYFRA21-1.

4. Liver Disease Package (for Hepatitis B carriers):¥597.00

Includes Hepatitis B surface antigens (2 items), Hepatitis B DNA, liver fibrosis tests (4 items), Hepatitis A antibodies, Hepatitis C antibodies, and Hepatitis E antibodies.

5. Reproductive Health (Preconception Check-up):

Male: ¥358.00 Includes Chlamydia antigen, Mycoplasma culture, Herpes Simplex Virus IgM.

Female: ¥524.00 Includes TORCH (5 items) IgM, in addition to the tests included for males.

Tumor Markers

No.	Item and Related Organs	Price (¥)
1	Alpha-fetoprotein (AFP) (Liver, Pancreas, Stomach, Biliary Tract)	¥60.00
2	Carcinoembryonic Antigen (CEA) (Stomach, Intestine, Lung, Pancreas, Breast, Thyroid)	¥60.00
3	Carbohydrate Antigen 199 (CA199) (Stomach, Pancreas, Colorectal, Liver, Biliary)	¥125.00
4	Carbohydrate Antigen 125 (CA125) (Ovary, Endometrium, Pancreas, Liver, Breast)	¥125.00
5	Carbohydrate Antigen 153 (CA153) (Breast, Lung, Stomach, Intestine, Uterus)	¥125.00
6	Prostate-Specific Antigen (PSA) (Male)	¥81.00
7	Free Prostate-Specific Antigen (FPSA) (Male)	¥81.00
8	PSA/FPSA (Male)	
9	Human Epididymis Protein 4 (HE4) (Ovary)	¥100.00
10	Thymidine Kinase 1 (TK1) (Early Tumor Risk Screening)	¥160.00
11	Carbohydrate Antigen 50 (CA50) (Pancreas, Colorectal, Stomach, Gallbladder, Lung)	¥125.00
12	Carbohydrate Antigen 242 (CA242) (Pancreas, Stomach, Colon, Liver, Esophagus, Lung)	¥125.00
13	Carbohydrate Antigen 724 (CA724) (Stomach, Intestine, Ovary, Breast, Lung)	¥125.00
14	Neuron-Specific Enolase (NSE) (Lung, Nervous System)	¥63.00
15	Squamous Cell Carcinoma Antigen (SCCA) (Esophagus, Lung, Cervix, Vulva)	¥100.00
16	Progastrin-Releasing Peptide (ProGRP) (Lung, Stomach, Intestine, Liver, Pancreas, Breast, Prostate, Cervix)	¥45.00
17	Cytokeratin 19 Fragment (CYFRA21-1) (Lung, Cervix, Esophagus,	¥81.00

	Bladder, Ovary)	
18	Serum Protein Electrophoresis (Multiple Myeloma)	¥30.00
19	Serum Immunofixation Electrophoresis (Multiple Myeloma)	¥200.00

Additional Items Available

1.	Postprandial 2h Blood Glucose	¥6.00
2.	Postprandial 2h Insulin	¥56.00
3.	Postprandial 2h C-Peptide	¥45.00
4.	Glycated Albumin	¥50.00
5.	Blood Type	¥11.00
6.	ABO + RH Blood Type	¥70.00
7.	Allergen Testing (Inhalant Group, Ingestant Group)	¥403.20
8.	Trace Elements 3 Items (Copper, Iron, Zinc)	¥15.00
9.	Fundus Photography	¥240.00
10.	Cranial CT Scan (Spiral)	¥400.00
11.	Transvaginal Gynecological Ultrasound	¥120.00
12.	Pulmonary Function (By Appointment)	¥135.00
13.	Bilateral Lower Limb Artery Ultrasound (By Appointment)	¥300.00
14.	Gastroscopy (By Appointment, Excluding Anesthesia Fee)	¥330.00
15.	Colonoscopy (By Appointment, Excluding Laxative and Anesthesia Fee)	¥400.00
16.	Cardiac Coronary CT (By Appointment, Excluding Contrast Agent)	¥870.00
17.	VIP Health Consultation (One Time)	¥244.00
18.	VIP Health Management Package	¥3063.00/
Dynamic Monitoring		
19.	24-Hour Holter Monitoring (By Appointment)	¥477.00
20.	24-Hour Ambulatory Blood Pressure Monitoring (By Appointment)	¥360.00
Genetic Testing		

21.	Lung Cancer Methylation Gene Testing	¥520.00
22.	Gastric Cancer Methylation Gene Testing	¥520.00
23.	Hereditary Tumor Susceptibility Gene Testing	¥8000.00
24.	Breast and Ovarian Cancer Susceptibility Gene Testing	¥4000.00
25.	Gastrointestinal Tumor Susceptibility Gene	¥3750.00
26.	Alcohol Metabolism Gene	¥500.00
27.	Basic Safe Medication Gene Package	¥1500.00
28.	Cardiovascular Safe Medication Gene	¥1000.00
29.	Anti-Rheumatic Gout Safe Medication	¥1000.00
30.	Safe Medication Genes for Hypertension, Hyperglycemia, and Hyperlipidemia	¥1250.00

Pre-Checkup Guidelines

1. Checkup Hours:

- Monday to Friday: 8:00 AM - 12:00 PM (excluding public holidays)
- Afternoon Package: Tuesday to Friday: 2:00 PM - 4:00 PM (excluding public holidays)
- Saturday Special: Please arrive at the International & VIP Health Center at 7:30 AM on

the scheduled date

2. Location: Peking University Shenzhen Hospital, [Outpatient Building] 6th Floor,

International & VIP Health Center

3. Appointment Booking: Follow the WeChat Official Account “Peking University Shenzhen Hospital International & VIP Health Center” → “VIP Checkup” → “Individual Checkup” or “Group Individual Checkup” → Select “Package”

4. Pre-Checkup Preparation: Maintain a normal diet 3 days before the checkup; avoid overeating and intense exercise.

Eat a light dinner the night before; avoid alcohol. Do not eat after 10:00 PM, and do not drink water after midnight. On the checkup day, fast and avoid drinking water; please arrive at the hospital between 7:30 AM - 9:00 AM (For Afternoon Package: Eat a light dinner, avoid alcohol, fast after 3:00 AM, and avoid drinking water after 5:00 AM. Arrive at the hospital by 2:00 PM). Wear comfortable, loose clothing and easy-to-remove shoes.

5. Clients with Chronic Disease: Please bring any regular medications for diabetes,

hypertension, heart disease, etc.

6. Fasting Requirements:

Please fast for liver and gallbladder ultrasound, C-13 breath test, and blood tests.

Please hold urine for bladder, prostate, and adnexa ultrasounds.

Collect urinalysis sample after completing the ultrasound (bladder, prostate, adnexa).

7. DR X-ray: Avoid wearing clothing with metal buttons, bras, or jewelry. Pregnant, breastfeeding, or those planning to conceive within 3 months should avoid DR, CT, bone density tests, and C-13 breath tests. Please inform the checkup desk of any relevant conditions

8. Gynecological Exam: **Women with no sexual history will not undergo a gynecological exam.** Avoid gynecological and urinalysis exams during menstruation. Before the exam, empty your bladder and avoid: ① Sexual activity ② Vaginal douching ③ Vaginal medication within 24 hours before the exam.

9. After Checkup: Return the checkup guide sheet to the desk.

10. Report will be ready in: 7-9 working days (10-15 working days for female checkups including gynecological exams).

11. Electronic Report Access: Follow the WeChat Official Account "Peking University Shenzhen Hospital International & VIP Health Center" and access the report login with your account and password after receiving the SMS.

1. Report Interpretation:

Monday to Saturday: 2:00 PM - 4:30 PM

Sunday: 8:00 AM - 11:30 AM, 2:00 PM - 4:30 PM (excluding public holidays)

Kind Reminder: Parking is limited; it is recommended to use public transportation.